Main Walk Starting from Picnic Area Portixeddu:

- Head South East from the picnic area following the signposts Arcu Su Ludragu 304A and Ginepro Monumentale. After 350 metres at the junction bear left and carry on following the gravel forest track. The track is well defined and rocky and littered with red and white markers to show the way. The track winds up into the forest for 2km with a steepish section for the last kilometre.
- After 2km and at the signpost leave the forest track and turn right onto the smaller path signposted Ginepro Monumentale and keep following route 304A, where after a short distance you will find the Ginepro Monumentale on your right-hand side. At this point the sandy path descends briefly before rising into a winding sandy climb. Follow the remnants of an old fence up the sandy hill until you meet a fence that is still standing. Keep this fence on your right as you climb the last section to the next signpost and junction near the larger pine trees.

At this junction leave 304A trail and bear right onto the 304C trail signposted Duna Is Cumpinxeddus consisting of another sandy path. Again, keeping the fence on your right follow the descending path, when the fence finishes turn left and follow this path following 306C where you will find another fence on your right and passing a large pine on the path. Carry on following the markers for 304C until you can see the sea. Its important to follow the path marker posts on this section as there are some bits that look like the path but are not. A little trial and error may be required but the posts are plentiful if you can't see any you are on the wrong path.

You should now find yourself on top of the Duna Is Cumpinxeddus and the half way point of the walk. Keep to the top of the Duna as you head westwards following the trail markers. At the next signpost turn left and start following the sign for Fortini Militari descend briefly and keep right before starting to climb on a sandy path towards the pine covered summit. You will see trail markers for trail 304B which you are now on, there will also be the new addition of blue Cammino Minerario di Santa Barbera trail markers. Climb up the pathway in the dunes and into the woodland and its epic pine trees and keep following the markers along the ridge.

The ridge has a few ups and downs as it heads west towards the sea and then the path descends down the North side of the peak. At a particularly large pine you'll find a signpost for Fortini Militari 1&2 to the right and the rest to the left. The first 2 Pill Boxes (Fortini Militari) are a short way down the right-hand path, but you must return back along the path to join the trail after visiting them. Once back on the trail you'll find number 3 on your right-hand side just off the path with a great vista of the beach, Portixeddu and the mountain Su Guardianu. Join the path again and continue following the trail whilst looking out for number 4 off to your left as you see number 5 below you on your right-hand side. Number 4 has a great view over San Nicoló and the surrounding hills. Re-join the path down and continue onto number 5 and then continue further still towards number 6.

Continue following 304B and the Cammino Minerario di Santa Barbera as the path undulates down the hillside, pass the Drunken Pine tree (you'll know it when you see it!) and through some deep woodland ending in a small but steep climb past some large pines and into a another (recently renovated) belvedere area. Continue North East through the glade and on a sandy path past the huge remnants of a rotting tree. Keep heading North as you walk over the rocky plateau and into the forest on the path as it widens into a forest track. At roughly 6km you'll reach a T junction where you turn right and then next left to return you to the Picnic Area, alternatively this is where you turn left to find the Corpo Forestale Portixeddu HQ which takes you to the alternate starting point. Which I describe below.

Alternative Start From Corpo Forestale Portixeddu

 From the Corpo Forestale Portixeddu HQ on the main beach road between San Nicoló and Portixeddu, find the forest track at the rear of the building and turn left following the track through the woods until you reach the Picnic area, from here follow the walk as described. This alternative starting point adds an extra 10-15 minutes to the walk.